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RESUME

LICENSES

State of North Carolina Licensed Professional Counselor
LPC #53 16
State of Florida Licensed Mental Health Counselor
LMHC #7133

EDUCATION

University of Sarasota
Sarasota Campus
M.A. in Mental Health Counseling
Eckerd College
St. Petersburg, FL
B.A. Human Development
Manatee Community College
Bradenton, FL
Completed general education and science courses
Manatee Area Technical Institute
Bradenton, FL
Completed Practical Nurse Training.
Practical Nursing License
Good Counsel High School
Chicago, IL
Graduated

EXPERIENCE

The Healing Place
Hendersonville, NC
Dec. 2008 to present
Full-time psychotherapist to children who are victims of sexual or severe physical abuse, adult survivors of sexual abuse, and adult sexual assault and rape victims. Trained in CBT, NC Rostered in TFCBT, DBT, Certified in EMDR, and Expressive Art and Healing Therapy and Play and SandPlay Therapy. Specializing in PTSD, Depression, Anxiety and Panic, ADHD, Grief and Loss, Dual Diagnosis, Female Issues, and Family Relationships. Experienced working with adults/children diagnosed with Bipolar Disorder, Major Depressions, Panic and Anxiety Disorders, Obsessive Compulsive Disorder, Self-Injuring, Co-occurring disorders, and Dissociative Disorders and Dissociative Identity Disorder.

FAMILY PRESERVATION SERVICES

Hendersonville, NC
May 2007 to November 2008
Full-time psychotherapist for children, adolescents, and adults, providing individual, family and group therapy. Experienced and trained in CBT, TFCBT, DBT, and Expressive Art and Healing Therapy. Specializing in PTSD, Depression, Anxiety and Panic, ADHD, Grief and Loss, Dual Diagnosis, Female Issues, and Family Relationships. Experienced working with adults/children diagnosed with Bipolar Disorder, Major Depressions, Panic and Anxiety Disorders, Obsessive Compulsive Disorder, Self-Injuring, Co-occurring disorders, and Dissociative Disorders and Dissociative Identity Disorder.

GULF COAST MARINE INSTITUTE

Palmetto, FL

Nov. 2006 to April 13, 2007 (Part-time position)

Therapist for female adolescent students, ages 12-18, at a level-2 day treatment program, providing assessment, treatment planning, intensive individual and group therapy dealing with past issues of trauma, abandonment, substance abuse, and criminal activity.

NEW VIEW COUNSELING, INC (Partner in Private Practice)

July 2005 to Sept. 2006

Therapist working with adults and children focusing on various therapeutic issues including depression, bipolar disorder, anxiety and panic disorder, PTSD, substance abuse, and family and couples issues.

CHILD PROTECTION CENTER, INC.

Sarasota, FL

Oct. 2006 to April 13, 2007 (Part-time position)

Individual and group therapist for child victims of sexual abuse. Responsible for assessment, treatment planning, and therapy utilizing Trauma Focused CBT, Expressive Art Therapy, and Play Therapy.

May, 2005 to Sept. 2006

Therapist for Non-offending parents, transitioned to program Director for the Physical Abuse and Sexual Abuse Treatment Program; Therapist to child victims of physical and sexual abuse, group facilitator for non-offending caregivers of sexually abused children providing individual and group therapy. Provided clinical supervision and administration of program grants/budget.

HOSPICE OF SW FLORIDA (NOW TIDEWELL HOSPICE AND PALLIATIVE CARE)

Sarasota, FL

Feb. 2003 to Dec. 2005 Children and Teen Grief Specialist

Provide intensive grief counseling individually and in groups to children/teens coping with the death, or anticipatory death of a loved one. Utilize expressive arts, play and traditional therapy as appropriate. Coordinate annual grief camp for children and teens. Computer literate, including creating and presenting power point presentations.

May 2002 to Feb. 2003/Social Service Counselor

Duties include assessing the spiritual, psychosocial needs and providing counseling and support services to patients with life-altering illnesses and their families.

WOMEN'S RESOURCE CENTER OF MANATEE

Bradenton, FL

January 2003-July 2006

Provide individual and group therapy to women for sexual assault trauma, personal growth, stress and anxiety management, crisis intervention, short-term psychotherapy, and life transitions.

HEALTHY START COALITION OF MANATEE COUNTY, INC.

Bradenton, FL

October 2001 -May 2002/Maternity Care Advisor/Counselor

Duties include providing choice counseling, case management, case coordination and referrals to women who are SOBRA Medicaid eligible. Goal of the program is early prenatal care and positive pregnancy outcome. Referrals come through a State of Florida Internet data base system. All client documentation is handled through this web-based system.

BRADENTON HOUSING AUTHORITY

Bradenton, FL

April 2001-October 2001/Community Support Services Coordinator

Duties include: Supervision, hiring, evaluation of staff of five. Coordination of all services to BHA HOPE VI adult and child residents. Coordination with business and agencies in the community to provide comprehensive services to assist residents to become self-sufficient. Individual and family counseling.

FAMILY RESOURCES, INC.

Bradenton, FL

Dec. 2000/April 2001 - Counselor II, CINS/FINS Program

Duties include: Comprehensive assessment, individual counseling in-office and at the schools, and group and family counseling with the goal to prevent further truancy, referrals, suspensions, running away, and ungovernable behavior by addressing issues leading to the self-destructive behaviors. Part of my role as counselor includes working with the youth to develop positive goals for the future including post high school education and training and career planning.

April 2000/Dec., 2000 - Counselor II, Runaway and Youth Crisis Shelter

Duties include: Comprehensive assessment, individual, group, and family counseling with the goal of reunification, or independent living.

May 1999/ April 2000 - Truancy Case Manager/Counselor

Duties include: Contacting parents of children picked up for truancy by law enforcement and offering counseling, case management and referrals to assist in eliminating truant behavior. Facilitated groups for at-risk teen girls. Additional duties included: school visits; weekly sessions with child and/or parent, truancy court attendance and reporting are also duties of this position. In addition to working with truancy clients, counseling was also provided to ungovernable and runaway children ages 8-17 and their families.

MANATEE CHILDREN'S SERVICES, INC.

Bradenton, FL

1990/May, 1999-Program Supervisor

Duties include all of the below tasks and to hire, evaluate, and supervise all full and part-time Prevention Specialists and volunteers/interns, serving a total of at least 90 clients at any given time; staff training; assignment of cases; monitor casework; coordination of services with other public and private agencies serving children and families; expert court testimony; prepare program reports for internal and funding source requirements; assist in preparing program budget; prepare and monitor program goals and objectives; update program policies; supervise the maintenance of client records; grant writing; and networking with community agencies.

In addition, I supervised two additional programs, Born to Learn and Young Men as Fathers. The funding for these programs began 7/1 /98 from grants that I secured for Manatee Children's Services.

1985/1994-Child Abuse and Neglect Prevention Specialist.

Duties included: curriculum and program development for serving pregnant and parenting teens; intensive, individualized, one-on-one home-based parent training; group parent training; documentation; case management; counseling; crisis intervention; community education; community collaboration and networking; advocacy; court testimony; and referrals.

CERTIFICATIONS and SPECIAL TRAININGS

State of Florida Certified Clinical Supervisor for Registered Interns

Certificate in Art and Healing from Ringling College of Art and Design

Parent-Child Interaction Therapy

EMDR (Eye Movement Desensitization and Reprocessing Therapy)

The Neurobiology of the Brain and EMDR

North Carolina Sandtray Therapy Conference

Integrative Team Treatment for Attachment Trauma in Children and Adolescents using Family Therapy and EMDR-T

VOLUNTEER WORK

Parents Anonymous

Healthy Start Coalition of Manatee County, Coalition Member, and served on Board of Directors

Foster Care Citizens Review

United Way Allocations Panel

PROFESSIONAL ORGANIZATION MEMBERSHIP

American Counseling Association

National Mental Health Counselors Association

EMDRIA (EMDR International Association)

Additions to Training/CEU List 11/05/15

- Psychotherapy Networker Virtual Conference Workshops
 - The Power of Attention (mindfulness training)
 - Does Neuroscience Really Matter
 - Reclaiming Parental Authority
 - Spirituality and its Discontents
 - The Body in Trauma Work
 - Deliberate Practice and Inner Transformation
 - The Power of Emotion
 - Suggesting Mindfulness
 - Creative a Corrective Emotional Experience
 - Understanding Polyvagal Theory
 - The Motivational Revolution
 - Trauma in Context
 - Treating Trauma: A 30 Year Perspective
 - Cyber intimacy and Cyber Solitude
 - Transcending the Habitual
 - Attachment: A Continuing Debate
 - Psychotherapy and the Science of Human Excellence
 - The Now Moment
 - Family Therapy for the Postmodern Family
 - Bringing the Felt Sense in the Consulting Room
 - When is Attachment the Issue
 - Interrupting the Anxiety Cycle
 - Interpersonal neurobiology in the Consulting Room
 - Brain to Brain
 - The 5 Ingredients of Effective Trauma Treatment

- On-line Counseling: Implementation & Ethical Guidelines in Counseling
- Power of Social Connection: Developing Sustainable Support Groups for Survivors
- LOCUS: Level of Care Utilization System for Adults
- CALOCUS: Child and Adolescent Level of Care Utilization System
- Nurturing the Brain: Buffering Toxic Stress through Responsive Relationships
- EMDRIA Conference
- Integrative Team Treatment for Trauma and Attachment
Family Therapy and EMDR-T
- Neurobiology meets Internal Family Systems

EMDRIA TRAININGS ATTENDED 9/18-9/21-14

- There and back again: The Fascinating Journey of Helping Children with Trauma
- Relational Affect Regulation for Complex Trauma Survivors
- Creative Adaptations for EMDR with Children Displaying Complicated Behaviors
- How the Story Tells Itself in Early Trauma: The role of Non-Verbal Channels in AIP
- History Taking and Preparation for EMDR Therapy in Complex Trauma
- EMDR and Role Therapy: Healing Our Inner Gallery of Roles